



Generics First – A Step Therapy Program (effective 01/01/15)

Do you know that the Food and Drug Administration (FDA) requires generic drugs to have the same strength and purity as brand-name drugs? Generic drugs can be just as effective as their brand-name counterparts at a fraction of the price, so why would you spend more than you have to on your prescription medications? Choose generics and save.

Your prescription drug plan is designed to save you money. Before you use one of the brand-name drugs listed here, you will first need to try a similar, alternative medication. In most cases, this will be a generic drug. Generics are approved by the FDA as safe and effective but will cost you less.

Example: Before you can fill a new prescription for the brand-name drug Cymbalta, you will need to try one of the generic alternatives first – bupropion, fluoxetine, paroxetine, sertraline or venlafaxine.

It's important that you share this list with your doctor to help coordinate your medication needs. This list shows you which brand-name drugs are affected, as well as the recommended alternatives.

This list represents prescription drugs in our standard Generics First – Step Therapy Program. Your benefits may be different. If you have any questions about this list, call the Customer Service number on the back of your BlueCross BlueShield of Tennessee member ID card.

Before you take one of these drugs...	You must have tried ONE of these...
ACE INHIBITORS	
Accupril	benazepril
Aceon	captopril
Altace	enalapril
Lotensin	fosinopril
Mavik	lisinopril
Prinivil	moexipril
Univasc	perindopril
Vasotec	quinapril
Zestril	ramipril capsules
	trandolapril
ACE INHIBITORS WITH CALCIUM CHANNEL BLOCKERS	
Lotrel	amlodipine/benazepril
Tarka	trandolapril/verapamil ext-rel
	Or other ACE Inhibitor plus a Calcium Channel Blocker
ACE INHIBITORS WITH DIURETICS	
Accuretic	benazepril/hydrochlorothiazide
Lotensin HCT	captopril/hydrochlorothiazide
Uniretic	enalapril/hydrochlorothiazide
Vaseretic	fosinopril/hydrochlorothiazide
Zestoretic	lisinopril/hydrochlorothiazide

	moexipril/hydrochlorothiazide
	quinapril/hydrochlorothiazide

ANGIOTENSIN II RECEPTOR BLOCKERS

Atacand	benazepril
Avapro	candesartan
Benicar	captopril
Cozaar	enalapril
Diovan	eprosartan
Edarbi	fosinopril
Micardis	irbesartan
Teveten	lisinopril
	losartan
	moexipril
	perindopril
	quinapril
	ramipril capsules
	telmisartan
	trandolapril
	valsartan

ANGIOTENSIN COMBINATION DRUGS

Tekturna	benazepril
Tekturna HCT	captopril
	enalapril
	fosinopril
	lisinopril
	moexipril
	perindopril
	quinapril
	ramipril capsules
	trandolapril
Azor	amlodipine plus one of the above
Exforge	generic ACE inhibitors; amlodipine/valsartan
Exforge HCT	
Tribenzor	
Twynsta	amlodipine/telmisartan

ANGIOTENSIN II RECEPTOR BLOCKERS WITH DIURETICS

Atacand HCT	benazepril/hydrochlorothiazide
Avalide	candesartan/hydrochlorothiazide
Benicar HCT	captopril/hydrochlorothiazide
Diovan HCT	enalapril/hydrochlorothiazide
Edarbyclor	fosinopril/hydrochlorothiazide
Hyzaar	irbesartan/hydrochlorothiazide
Micardis HCT	lisinopril/hydrochlorothiazide
Teveten HCT	losartan/hydrochlorothiazide
	moexipril/hydrochlorothiazide
	quinapril/hydrochlorothiazide

	telmisartan/hydrochlorothiazide
	valsartan/hydrochlorothiazide
	captopril/hydrochlorothiazide
	pantoprazole
	ranitidine

ANTIDEPRESSANTS

Celexa	bupropion (all)
Cymbalta	citalopram
Effexor XR	duloxetine
Lexapro	escitalopram
Paxil (all)	fluoxetine
Pexeva	fluvoxamine
Pristiq	mirtazapine
Prozac (all)	paroxetine
Remeron (all)	sertraline
Sarafem	trazodone
Venlafaxine ER	venlafaxine
Wellbutrin (all)	venlafaxine ext-rel
Zoloft	

BETA BLOCKERS

Betapace (all)	acebutolol
Bystolic	atenolol (all)
Coreg	betaxolol
Coreg CR	bisoprolol (all)
Corgard	carvedilol
Levatol	labetalol
Lopressor	metoprolol (all)
Spectral	nadolol
Tenormin	pindolol
Toprol-XL	propranolol (all)
Zebeta	sotalol
Ziac	timolol

CALCIUM CHANNEL BLOCKERS

Adalat (all)	amlodipine
Calan (all)	diltiazem (all)
Cardene (all)	felodipine
Cardizem (all)	nicardipine
Norvasc	nifedipine (all)
Procardia (all)	nisoldipine
Sular	verapamil (all)
Tiazac	
Verelan	

LIPID LOWERING AGENTS (HMG Co-A REDUCTASE INHIBITORS)

Advicor	atorvastatin
Altoprev	fenofibrate
Caduet	fluvastatin
Crestor	lovastatin

Lescol	simvastatin
Lescol XL	
Lipitor	
Liptruzet	
Mevacor	
Pravachol	
Vytorin	
Zocor	

NSAIDS

Celebrex	choline mg trisalicylate
Mobic	diclofenac
	diflunisal
	etodolac
	fenoprofen
	ibuprofen
	indomethacin
	ketoprofen
	meclofenamate
	meloxicam
	nabumetone
	naproxen
	oxaprozin
	piroxicam
	sulindac
	tolmetin

PROTON PUMP INHIBITORS (PPIs)

Nexium	cimetidine
Prevacid (all)	famotidine
Prilosec	lansoprazole
Protonix	nizatidine
	omeprazole

Drug Benefit Appeals

You or your physician may appeal the denial of a drug benefit or a quantity limit by faxing supportive documentation to 1-888-343-4232. Please read your Evidence of Coverage for more information.

This list is subject to change throughout the year. Please call Member Service at the phone number listed on your BlueCross BlueShield of Tennessee member ID card or visit our website at bcbst.com for the most up-to-date information.

Tagalog: Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-565-9140
Chinese: 如果需要中文的帮助, 请拨打这个号码 1-800-565-9140
Navajo: Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-800-565-9140

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