

# August 2017 Elementary & Middle School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 No School	2 No School	3 No School	4 No School
7 <b>Half Day</b>  <i>Breakfast &amp; Lunch will not be served</i>	8 <b>No School</b>	9 Breakfast Chicken with Biscuit  Fresh Banana Assorted 100% Juice	10 Yogurt with Cinnamon Goldfish Graham Fresh Apple Assorted 100% Juice	11 Breakfast Pizza Orange Smiles Assorted 100% Juice
14 Sausage with Biscuit Breakfast Break Applesauce Assorted 100% Juice Hashbrown	15 Sausage Pancake Pineapple Tidbits Assorted 100% Juice	16 Cinnamon Minis Fresh Banana Assorted 100% Juice	17 Yogurt with Granola Peach Slices Assorted 100% Juice	18 Breakfast Pizza Orange Smiles Assorted 100% Juice
21 <b>No School</b>	22 Cheesy Breadstick Baked Apples Assorted 100% Juice	23 Bacon, Egg, & Cheese Toast Fresh Banana Assorted 100% Juice	24 Yogurt with Cinnamon Goldfish Graham Fresh Apple Assorted 100% Juice	25 Breakfast Pizza Orange Smiles Assorted 100% Juice
28 Sausage with Biscuit Breakfast Break Applesauce Assorted 100% Juice Hashbrown	29 Sausage Pancake Pineapple Tidbits Assorted 100% Juice	30 French Toast Fresh Banana Assorted 100% Juice	31 Yogurt with Granola Peach Slices Assorted 100% Juice	

**Breakfast Prices: Elementary Full Pay \$1.00 • Middle/High Full Pay \$1.15 • Approved Reduced \$0.30 • Adults/Visitors \$1.80**

**A la Carte 1/2 Pint Milk: \$0.50 each, any flavor**

**Choice of fresh fruit or 100% juice, crisp side salad, and a variety of milk are offered each day at breakfast and lunch!**

**Help yourself to delicious fruits and vegetables! In order to count as a reimbursable meal, each student must have 1/2 cup fruit or vegetable on their tray.**

**★ Pre-K options are available on the Pre-K Breakfast Menu. ★**

**Nutrition Information available on page 2 • This institution is an equal opportunity provider.**

# August 2017 Elementary & Middle School Breakfast Menu Nutrition Information

Monday	Tuesday	Wednesday	Thursday	Friday
Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)
	<b>1</b> <b>No School</b>	<b>2</b> <b>No School</b>	<b>3</b> <b>No School</b>	<b>4</b> <b>No School</b>
<b>7</b> <b>Half Day</b>  <i>Breakfast &amp; Lunch will not be served</i>	<b>8</b> <b>No School</b>	<b>9</b> Breakfast Chicken with Biscuit Fresh Banana Assorted 100% Juice	<b>10</b> Yogurt with Cinnamon Goldfish Graham Fresh Apple Assorted 100% Juice	<b>11</b> Breakfast Pizza Orange Smiles Assorted 100% Juice
<b>14</b> Sausage with Biscuit Breakfast Break Applesauce Assorted 100% Juice Hashbrown	<b>15</b> Sausage Pancake Pineapple Tidbits Assorted 100% Juice	<b>16</b> Cinnamon Minis Fresh Banana Assorted 100% Juice	<b>17</b> Yogurt with Granola Peach Slices Assorted 100% Juice	<b>18</b> Breakfast Pizza Orange Smiles Assorted 100% Juice
<b>21</b> <b>No School</b>	<b>22</b> Cheesy Breadstick Baked Apples Assorted 100% Juice	<b>23</b> Bacon, Egg, & Cheese Toast Fresh Banana Assorted 100% Juice	<b>24</b> Yogurt with Cinnamon Goldfish Graham Fresh Apple Assorted 100% Juice	<b>25</b> Breakfast Pizza Orange Smiles Assorted 100% Juice
<b>28</b> Sausage with Biscuit Breakfast Break Applesauce Assorted 100% Juice Hashbrown	<b>29</b> Sausage Pancake Pineapple Tidbits Assorted 100% Juice	<b>30</b> French Toast Fresh Banana Assorted 100% Juice	<b>31</b> Yogurt with Granola Peach Slices Assorted 100% Juice	<b>Disclaimer:</b> The nutrition information provided is an estimate of the nutrition content within the menu items, and therefore should be used for general information only. Due to product substitutions and changes, nutrition content may vary. Please contact the cafeteria manager if you need additional information.

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