

August 2017 Elementary Universal Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 No School	2 No School	3 No School	4 No School
7 Half Day <i>Breakfast & Lunch will not be served</i>	8 No School	9 Yogurt with Cinnamon Goldfish Graham Fresh Banana Assorted 100% Juice	10 Cereal Orange Smiles Assorted 100% Juice	11 Poptart Fresh Apple Assorted 100% Juice
14 Cinnamon Minis Fresh Apple Assorted 100% Juice	15 Sausage, Egg, & Cheese Biscuit Slider Fresh Pear Assorted 100% Juice	16 Cereal Fresh Banana Assorted 100% Juice	17 French Toast Orange Smiles Assorted 100% Juice	18 Breakfast Bar Fresh Apple Assorted 100% Juice
21 No School	22 Super Donut Fresh Apple Assorted 100% Juice	23 Yogurt with Cinnamon Goldfish Graham Fresh Banana Assorted 100% Juice	24 Cereal Fresh Pear Assorted 100% Juice	25 Poptart Fresh Apple Assorted 100% Juice
28 Cinnamon Minis Fresh Apple Assorted 100% Juice	29 Sausage, Egg, & Cheese Biscuit Slider Fresh Pear Assorted 100% Juice	30 Cereal Fresh Banana Assorted 100% Juice	31 French Toast Orange Smiles Assorted 100% Juice	

A variety of milk is offered with Universal Breakfast daily!

**For the select schools that are participating in Universal Breakfast, it is provided for free.
All other schools, please view the regular breakfast menu for choices and pricing. Thank you!**

★ Pre-K options are available on the Pre-K Universal Breakfast Menu. ★

Nutrition information available on page 2 • This institution is an equal opportunity provider.

August 2017 Elementary Universal Breakfast Menu Nutrition Information

Monday	Tuesday	Wednesday	Thursday	Friday
Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)
	1 No School	2 No School	3 No School	4 No School
7 Half Day <i>Breakfast & Lunch will not be served</i>	8 No School	9 Yogurt 60 0 0 11 50 with Cinnamon Goldfish Graham 120 4 1 19 110 Fresh Banana 108 0 0 28 0 Assorted 100% Juice 60 0 0 14 0	10 Cereal 110 1.5 0 23 110 Orange Smiles 62 0 0 15 0 Assorted 100% Juice 60 0 0 14 0	11 Poptart 180 2.5 1 37 190 Fresh Apple 55 0 0 14 0 Assorted 100% Juice 60 0 0 14 0
14 Cinnamon Minis 240 8 2 40 300 Fresh Apple 55 0 0 14 0 Assorted 100% Juice 60 0 0 14 0	15 Sausage, Egg, & Cheese Biscuit Slider 150 4.5 1.5 21 280 Fresh Pear 96 0 0 23 0 Assorted 100% Juice 60 0 0 14 0	16 Cereal 110 1.5 0 23 110 Fresh Banana 108 0 0 28 0 Assorted 100% Juice 60 0 0 14 0	17 French Toast 200 8 1.5 25 290 Orange Smiles 62 0 0 15 0 Assorted 100% Juice 60 0 0 14 0	18 Breakfast Bar 140 4 1.5 24 85 Fresh Apple 55 0 0 14 0 Assorted 100% Juice 60 0 0 14 0
21 No School	22 Super Donut 230 11 4 29 260 Fresh Apple 55 0 0 14 0 Assorted 100% Juice 60 0 0 14 0	23 Yogurt 60 0 0 11 50 with Cinnamon Goldfish Graham 120 4 1 19 110 Fresh Banana 108 0 0 28 0 Assorted 100% Juice 60 0 0 14 0	24 Cereal 110 1.5 0 23 110 Fresh Pear 96 0 0 23 0 Assorted 100% Juice 60 0 0 14 0	25 Poptart 180 2.5 1 37 190 Fresh Apple 55 0 0 14 0 Assorted 100% Juice 60 0 0 14 0
28 Cinnamon Minis 240 8 2 40 300 Fresh Apple 55 0 0 14 0 Assorted 100% Juice 60 0 0 14 0	29 Sausage, Egg, & Cheese Biscuit Slider 150 4.5 1.5 21 280 Fresh Pear 96 0 0 23 0 Assorted 100% Juice 60 0 0 14 0	30 Cereal 110 1.5 0 23 110 Fresh Banana 108 0 0 28 0 Assorted 100% Juice 60 0 0 14 0	31 French Toast 200 8 1.5 25 290 Orange Smiles 62 0 0 15 0 Assorted 100% Juice 60 0 0 14 0	Disclaimer: The nutrition information provided is an estimate of the nutrition content within the menu items, and therefore should be used for general information only. Due to product substitutions and changes, nutrition content may vary. Please contact the cafeteria manager if you need additional information.

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