

August 2017 Pre-K Universal Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 No School	2 No School	3 No School	4 No School
7 Half Day <i>Breakfast & Lunch will not be served</i>	8 No School	9 Yogurt Fresh Banana Choice of Skim or 1% Milk (Unflavored)	10 Cereal Orange Smiles Choice of Skim or 1% Milk (Unflavored)	11 French Toast Fresh Apple Choice of Skim or 1% Milk (Unflavored)
14 Mini Pancakes Fresh Apple Choice of Skim or 1% Milk (Unflavored)	15 Sausage, Egg, & Cheese Biscuit Slider Fresh Pear Choice of Skim or 1% Milk (Unflavored)	16 Cereal Fresh Banana Choice of Skim or 1% Milk (Unflavored)	17 French Toast Orange Smiles Choice of Skim or 1% Milk (Unflavored)	18 Yogurt Fresh Apple Choice of Skim or 1% Milk (Unflavored)
21 No School	22 French Toast Fresh Apple Choice of Skim or 1% Milk (Unflavored)	23 Yogurt Fresh Banana Choice of Skim or 1% Milk (Unflavored)	24 Cereal Fresh Pear Choice of Skim or 1% Milk (Unflavored)	25 Bacon, Egg & Cheese Toast Fresh Apple Choice of Skim or 1% Milk (Unflavored)
28 Mini Pancakes Fresh Apple Choice of Skim or 1% Milk (Unflavored)	29 Sausage, Egg, & Cheese Biscuit Slider Fresh Pear Choice of Skim or 1% Milk (Unflavored)	30 Cereal Fresh Banana Choice of Skim or 1% Milk (Unflavored)	31 French Toast Orange Smiles Choice of Skim or 1% Milk (Unflavored)	

**For the select schools that are participating in Universal Breakfast, it is provided for free.
All other schools, please view the regular breakfast menu for choices and pricing.
Thank you!**

Nutrition information is available on page 2 • This institution is an equal opportunity provider.

August 2017 Pre-K Universal Breakfast Menu Nutrition Information

Monday	Tuesday	Wednesday	Thursday	Friday
Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)
	1 No School	2 No School	3 No School	4 No School
7 Half Day <i>Breakfast & Lunch will not be served</i>	8 No School	9 Yogurt 60 0 0 11 50 Fresh Banana 108 0 0 28 0 Choice of Skim or 1% Milk (Unflavored): <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120	10 Cereal 110 1.5 0 23 110 Orange Smiles 62 0 0 15 0 Choice of Skim or 1% Milk (Unflavored): <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120	11 French Toast 200 8 1.5 25 290 Fresh Apple 55 0 0 14 0 Choice of Skim or 1% Milk (Unflavored): <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120
14 Mini Pancakes 220 6 0.5 39 130 Fresh Apple 55 0 0 14 0 Choice of Skim or 1% Milk (Unflavored): <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120	15 Sausage, Egg, & Cheese Biscuit Slider 150 4.5 1.5 21 280 Fresh Pear 96 0 0 23 0 Choice of Skim or 1% Milk (Unflavored): <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120	16 Cereal 110 1.5 0 23 110 Fresh Banana 108 0 0 28 0 Choice of Skim or 1% Milk (Unflavored): <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120	17 French Toast 200 8 1.5 25 290 Orange Smiles 62 0 0 15 0 Choice of Skim or 1% Milk (Unflavored): <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120	18 Yogurt 60 0 0 11 50 Fresh Apple 55 0 0 14 0 Choice of Skim or 1% Milk (Unflavored): <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120
21 No School	22 French Toast 200 8 1.5 25 290 Fresh Apple 55 0 0 14 0 Choice of Skim or 1% Milk (Unflavored): <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120	23 Yogurt 60 0 0 11 50 Fresh Banana 108 0 0 28 0 Choice of Skim or 1% Milk (Unflavored): <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120	24 Cereal 110 1.5 0 23 110 Fresh Pear 96 0 0 23 0 Choice of Skim or 1% Milk (Unflavored): <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120	25 Bacon, Egg & Cheese Toast 160 6 2 18 350 Fresh Apple 55 0 0 14 0 Choice of Skim or 1% Milk (Unflavored): <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120
28 Mini Pancakes 220 6 0.5 39 130 Fresh Apple 55 0 0 14 0 Choice of Skim or 1% Milk (Unflavored): <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120	29 Sausage, Egg, & Cheese Biscuit Slider 150 4.5 1.5 21 280 Fresh Pear 96 0 0 23 0 Choice of Skim or 1% Milk (Unflavored): <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120	30 Cereal 110 1.5 0 23 110 Fresh Banana 108 0 0 28 0 Choice of Skim or 1% Milk (Unflavored): <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120	31 French Toast 200 8 1.5 25 290 Orange Smiles 62 0 0 15 0 Choice of Skim or 1% Milk (Unflavored): <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120	Disclaimer: The nutrition information provided is an estimate of the nutrition content within the menu items, and therefore should be used for general information only. Due to product substitutions and changes, nutrition content may vary. Please contact the cafeteria manager if you need additional information.

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