

# February 2018 Elementary Universal Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 French Toast Fresh Pear Assorted 100% Juice	2 Breakfast Bar Fresh Apple Assorted 100% Juice
5 Breakfast Pizza Fresh Apple Assorted 100% Juice	6 French Toast Fresh Pear Assorted 100% Juice	7 Yogurt with Cinnamon Goldfish Graham Fresh Banana Assorted 100% Juice	8 Cereal Fresh Pear Assorted 100% Juice	9 Poptart Fresh Apple Assorted 100% Juice
12 Mini Pancakes Fresh Apple Assorted 100% Juice	13 Breakfast Pizza Fresh Pear Assorted 100% Juice	14 Cereal Fresh Banana Assorted 100% Juice	15 French Toast Fresh Pear Assorted 100% Juice	16 Breakfast Bar Fresh Apple Assorted 100% Juice
19 Cheesy Mozzarella Breadstick Fresh Apple Assorted 100% Juice	20 French Toast Fresh Pear Assorted 100% Juice	21 Yogurt with Cinnamon Goldfish Graham Fresh Banana Assorted 100% Juice	22 Cereal Fresh Pear Assorted 100% Juice	23 Poptart Fresh Apple Assorted 100% Juice
26 Breakfast Pizza Fresh Apple Assorted 100% Juice	27 Sausage, Egg, & Cheese Biscuit Slider Fresh Pear Assorted 100% Juice	28 Cereal Fresh Banana Assorted 100% Juice		

**A variety of milk is offered with Universal Breakfast daily!**

**For the select schools that are participating in Universal Breakfast, it is provided for free.  
All other schools, please view the regular breakfast menu for choices and pricing. Thank you!**

**★ Pre-K options are available on the Pre-K Universal Breakfast Menu. ★**

**Nutrition information available on page 2 • This institution is an equal opportunity provider.**

# February 2018 Elementary Universal Breakfast Menu Nutrition Information

<b>Monday</b>	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	<b>Tuesday</b>	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	<b>Wednesday</b>	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	<b>Thursday</b>	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	<b>Friday</b>	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)
						<b>1</b> French Toast 200 8 1.5 25 290 Fresh Pear 96 0 0 23 0 Assorted 100% Juice 60 0 0 14 0		<b>2</b> Breakfast Bar 140 4 1.5 24 85 Fresh Apple 55 0 0 14 0 Assorted 100% Juice 60 0 0 14 0	
<b>5</b> Breakfast Pizza 240 8 2.5 31 340 Fresh Apple 55 0 0 14 0 Assorted 100% Juice 60 0 0 14 0		<b>6</b> French Toast 200 8 1.5 25 290 Fresh Pear 96 0 0 23 0 Assorted 100% Juice 60 0 0 14 0		<b>7</b> Yogurt 60 0 0 11 50 with Cinnamon Goldfish Graham 120 4 1 19 110 Fresh Banana 108 0 0 28 0 Assorted 100% Juice 60 0 0 14 0		<b>8</b> Cereal 110 1.5 0 23 110 Fresh Pear 96 0 0 23 0 Assorted 100% Juice 60 0 0 14 0		<b>9</b> Poptart 180 2.5 1 37 190 Fresh Apple 55 0 0 14 0 Assorted 100% Juice 60 0 0 14 0	
<b>12</b> Mini Pancakes 220 6 0.5 39 130 Fresh Apple 55 0 0 14 0 Assorted 100% Juice 60 0 0 14 0		<b>13</b> Breakfast Pizza 240 8 2.5 31 340 Fresh Pear 96 0 0 23 0 Assorted 100% Juice 60 0 0 14 0		<b>14</b> Cereal 110 1.5 0 23 110 Fresh Banana 108 0 0 28 0 Assorted 100% Juice 60 0 0 14 0		<b>15</b> French Toast 200 8 1.5 25 290 Fresh Pear 96 0 0 23 0 Assorted 100% Juice 60 0 0 14 0		<b>16</b> Breakfast Bar 140 4 1.5 24 85 Fresh Apple 55 0 0 14 0 Assorted 100% Juice 60 0 0 14 0	
<b>19</b> Cheesy Mozzarella Breadstick 190 6 2 25 220 Fresh Apple 55 0 0 14 0 Assorted 100% Juice 60 0 0 14 0		<b>20</b> French Toast 200 8 1.5 25 290 Fresh Pear 96 0 0 23 0 Assorted 100% Juice 60 0 0 14 0		<b>21</b> Yogurt 60 0 0 11 50 with Cinnamon Goldfish Graham 120 4 1 19 110 Fresh Banana 108 0 0 28 0 Assorted 100% Juice 60 0 0 14 0		<b>22</b> Cereal 110 1.5 0 23 110 Fresh Pear 96 0 0 23 0 Assorted 100% Juice 60 0 0 14 0		<b>23</b> Poptart 180 2.5 1 37 190 Fresh Apple 55 0 0 14 0 Assorted 100% Juice 60 0 0 14 0	
<b>26</b> Breakfast Pizza 240 8 2.5 31 340 Fresh Apple 55 0 0 14 0 Assorted 100% Juice 60 0 0 14 0		<b>27</b> Sausage, Egg, & Cheese Biscuit Slider 150 4.5 1.5 21 280 Fresh Pear 96 0 0 23 0 Assorted 100% Juice 60 0 0 14 0		<b>28</b> Cereal 110 1.5 0 23 110 Fresh Banana 108 0 0 28 0 Assorted 100% Juice 60 0 0 14 0				<b>Disclaimer:</b> The nutrition information provided is an estimate of the nutrition content within the menu items, and therefore should be used for general information only. Due to product substitutions and changes, nutrition content may vary. Please contact the cafeteria manager if you need additional	

**A variety of milk is offered with Universal Breakfast daily!**  
**For the select schools that are participating in Universal Breakfast, it is provided for free.**  
**All other schools, please view the regular breakfast menu for choices and pricing. Thank you!**  
**★ Pre-K options are available on the Pre-K Universal Breakfast Menu. ★**

**This institution is an equal opportunity provider.**