

February 2018 Middle & High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Tasty BBQ Pork Rib Patty with Sub Bun Roasted Antigua Blend Vegetables Whole Kernel Corn Sweet Potato Casserole Orange Smiles Applesauce	2 <i>New!</i> <i>Halftime Hamburger</i> Hamburger with Bun ★ Buffalo Chicken with Bun Roasted Bell Pepper Medley Carrot & Celery Nibbles with Ranch Dip Cheesy Ranch Potatoes Rips 100% Juice Slush Glazed Donut Holes
5 Salisbury Steak with Gravy with Dinner Roll Zesty Steamed Broccoli Buttered Carrots Oven French Fries Fresh Apple Sweet Pineapple Tidbits	6 Beef Taco with Flour Tortilla Salsa California Blend Vegetables Mexican Style Street Corn Cheesy Refried Beans Orange Smiles Fresh Banana	7 Chicken Tetrizzini with Garlic Texas Toast Italian Blend Vegetables Carrot Nibbles with Ranch Dip Manager's Choice Vegetable Fresh Apple Manager's Choice Fruit Cinnamon Roll	8 Hamburger with Bun Nacho Burger Sauce Roasted Broccoli Buttered Carrots Potato Smiles Manager's Choice Vegetable Fresh Pears Mandarin Oranges	9 Golden Breaded Fish with Bun Antigua Blend Vegetables Zesty Coleslaw Baked Beans Fresh Apple Chilled Peach Slices
12 Baked Spirals with Meat Sauce with Garlic Texas Toast Italian Blend Vegetables Sweet Green Peas Tomato Wedges w/ Ranch Dip Fresh Apple Sweet Pineapple Tidbits	13 Baja Chicken Cantina Nachos Fresh Pico de Gallo California Blend Vegetables Seasoned Black Beans Mexican Rice Mandarin Oranges Fresh Pears	14 Clarksville Club ★ Hot & Spicy Chicken with Bun Zesty Steamed Broccoli Carrot Nibbles with Ranch Dip Manager's Choice Vegetable Orange Smiles Banana Split Fruit Salad Cookie	15 Country Fried Steak with Texas Toast Glazed Carrots Black-eyed Peas Mashed Potatoes Fresh Pears Chilled Peach Slices	16 Hamburger with Bun Antigua Blend Vegetables Marinated Cucumber- Tomato Salad Waffle Fries Fresh Apple Chilled Pear Slices
19 Fiesta Macaroni with Garlic Texas Toast Glazed Carrots Seasoned Green Beans Potato Smiles Fresh Apple Chilled Pear Slices	20 Oven Roasted Chicken Fajita with Flour Tortilla Salsa Mexican Style Street Corn Antigua Blend Vegetables Cheesy Refried Beans Mandarin Oranges Fresh Banana	21 Salisbury Steak with Gravy with Dinner Roll Rockin' Broccoli Roasted Bell Peppers & Onion Mashed Potatoes Orange Smiles Manager's Choice Fruit Cinnamon Roll	22 Pulled Pork BBQ with Bun Green Bell Peppers & Tomato Wedges w/ Ranch Dip Buttered Carrots Baked Beans Zesty Coleslaw Fresh Apple Sweet Pineapple Tidbits	23 Hamburger with Bun Chili con Carne Topping (1/4 Cup) California Blend Vegetables Carrot & Celery Nibbles with Ranch Dip Oven Fried Potatoes Marinated Cucumber- Tomato Salad Fresh Pears Chilled Peach Slices
26 Sloppy Joe with Bun Roasted Broccoli Glazed Carrots Waffle Fries Fresh Apple Chilled Pear Slices	27 Nacho Grande Fresh Pico de Gallo California Blend Vegetables Mixed Beans Carrot Nibbles with Ranch Dip Mexican Rice Fresh Banana Chilled Peach Slices	28 Country Fried Steak with Texas Toast ★ Hot & Spicy Chicken with Bun Zesty Steamed Broccoli Roasted Bell Peppers & Onion Tomato Wedges w/ Ranch Dip Mashed Potatoes Fresh Apple Sweet Pineapple Tidbits		★ Check for this icon on the menu for Chicken on the Run Specials!
Weekly Chicken on the Run and Pizza Menu				
Clarksville Hot Chicken with Texas Toast Cheese Pizza Slice Pepperoni Pizza Slice	Homestyle Chicken Nuggets with Biscuit Cheese Pizza Pepperoni Pizza	Buffalo Chicken with Bun Cheese Pizza Slice Pepperoni Pizza Slice	Crispy Popcorn Chicken with Garlic Texas Toast Cheese Pizza Pepperoni Pizza	General Tso Chicken with Rice Deep Dish Cheese Pizza Deep Dish Pepperoni Pizza

Lunch Prices: Elementary Full Pay \$2.65 • Middle/High Full Pay \$2.85 • Approved Reduced \$0.40 • Adults/Visitors \$3.50

A la Carte 1/2 Pint Milk: \$0.50 each, any flavor

Choice of fresh fruit, 100% juice, crisp side salad, and a variety of milk are offered daily!

Help yourself to delicious fruits and vegetables! In order to count as a reimbursable meal, each student must have 1/2 cup fruit or vegetable on their tray.

PB&J Sandwich offered as an entree option at lunch daily.

Nutrition information is available on page 2 • This institution is an equal opportunity provider.

February 2018 Middle & High School Lunch Menu Nutrition Information

Monday	Tuesday	Wednesday	Thursday	Friday
Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)
2			1	2 <i>New!</i> Halftime Hamburger
			Tasty BBQ Pork Rib Patty with Sub Bun Roasted Antigua Blend Vegetables Whole Kernel Corn Sweet Potato Casserole Orange Smiles Applesauce	Hamburger with Bun ★ Buffalo Chicken with Bun Roasted Bell Pepper Medley Carrot & Celery Nibbles with Ranch Dip Cheesy Ranch Potatoes Rips 100% Juice Slush Glazed Donut Holes * Make a Halftime Hamburger! Top your burger with Swiss or American Cheese and Roasted Bell Pepper Medley!*
5	6	7	8	9
Salisbury Steak with Gravy with Dinner Roll Zesty Steamed Broccoli Buttered Carrots Oven French Fries Fresh Apple Sweet Pineapple Tidbits	Beef Taco with Flour Tortilla Salsa California Blend Vegetables Mexican Style Street Corn Cheesy Refried Beans Orange Smiles Fresh Banana	Chicken Trazzini with Garlic Texas Toast Italian Blend Vegetables Carrot Nibbles with Ranch Dip Manager's Choice Vegetable Fresh Apple Manager's Choice Fruit Cinnamon Roll	Hamburger with Bun Nacho Burger Sauce Roasted Broccoli Buttered Carrots Potato Smiles Manager's Choice Vegetable Fresh Pears Mandarin Oranges	Golden Breaded Fish with Bun Antigua Blend Vegetables Zesty Coleslaw Baked Beans Fresh Apple Chilled Peach Slices
12	13	14	15	16
Baked Spirals with Meat Sauce with Garlic Texas Toast Italian Blend Vegetables Sweet Green Peas Tomato Wedges w/ Ranch Dip Fresh Apple Sweet Pineapple Tidbits	Baja Chicken Cantina Nachos Fresh Pico de Gallo California Blend Vegetables Seasoned Black Beans Mexican Rice Mandarin Oranges Fresh Pears	Clarksville Club ★ Hot & Spicy Chicken with Bun Zesty Steamed Broccoli Carrot Nibbles with Ranch Dip Manager's Choice Vegetable Orange Smiles Banana Split Fruit Salad Cookie	Country Fried Steak with Texas Toast Glazed Carrots Black-eyed Peas Mashed Potatoes Fresh Pears Chilled Peach Slices	Hamburger with Bun Antigua Blend Vegetables Marinated Cucumber-Tomato Salad Waffle Fries Fresh Apple Chilled Pear Slices
19	20	21	22	23
Fiesta Macaroni with Garlic Texas Toast Glazed Carrots Seasoned Green Beans Potato Smiles Fresh Apple Chilled Pear Slices	Oven Roasted Chicken Fajita with Flour Tortilla Salsa Mexican Style Street Corn Antigua Blend Vegetables Cheesy Refried Beans Mandarin Oranges Fresh Banana	Salisbury Steak with Gravy with Dinner Roll Rockin' Broccoli Roasted Bell Peppers & Onion Mashed Potatoes Orange Smiles Manager's Choice Fruit Cinnamon Roll	Pulled Pork BBQ with Bun Green Bell Peppers & Tomato Wedges w/ Ranch Dip Buttered Carrots Baked Beans Zesty Coleslaw Fresh Apple Sweet Pineapple Tidbits	Hamburger with Bun Chili con Carne Topping (1/4 Cup) California Blend Vegetables Carrot & Celery Nibbles with Ranch Dip Oven Fried Potatoes Marinated Cucumber-Tomato Salad Fresh Pears Chilled Peach Slices
26	27	28	<p>Disclaimer: The nutrition information provided is an estimate of the nutrition content within the menu items, and therefore should be used for general information only. Due to product substitutions and changes, nutrition content may vary. Please contact the cafeteria manager if you need additional information.</p> <p>★ Check for this icon on the menu for Chicken on the Run Specials!</p>	
Sloppy Joe with Bun Roasted Broccoli Glazed Carrots Waffle Fries Fresh Apple Chilled Pear Slices	Nacho Grande Fresh Pico de Gallo California Blend Vegetables Mixed Beans Carrot Nibbles with Ranch Dip Mexican Rice Fresh Banana Chilled Peach Slices	Country Fried Steak with Texas Toast ★ Hot & Spicy Chicken with Bun Zesty Steamed Broccoli Roasted Bell Peppers & Onion Tomato Wedges w/ Ranch Dip Mashed Potatoes Fresh Apple Sweet Pineapple Tidbits		
Weekly Chicken on the Run and Pizza Menu				
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