


March 2018 Elementary & Middle School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Celebrate National School Breakfast Week with us! March 5th-9th</p> 				
<p>5 Sausage with Biscuit Breakfast Break Fruit Cocktail Assorted 100% Juice Hashbrown</p>	<p>6 NEW! Ham, Egg, & Cheese Biscuit Melt Baked Apples Assorted 100% Juice</p>	<p>7 Breakfast Chicken with Biscuit Fresh Banana Assorted 100% Juice</p>	<p>1 Yogurt with Granola Peach Slices Assorted 100% Juice</p>	<p>2 Breakfast Pizza Orange Smiles Assorted 100% Juice</p>
<p>12 Sausage with Biscuit Breakfast Break Applesauce Assorted 100% Juice Hashbrown</p>	<p>13 Canadian Bacon, Egg, & Cheese Biscuit Pineapple Tidbits Assorted 100% Juice</p>	<p>14 French Toast Fresh Banana Assorted 100% Juice</p>	<p>8 NEW! Patriot Yogurt Parfait Spiced Peaches Assorted 100% Juice</p>	<p>9 Breakfast Pizza Orange Smiles Assorted 100% Juice</p>
<p>19 Sausage with Biscuit Breakfast Break Fruit Cocktail Assorted 100% Juice Hashbrown</p>	<p>20 French Toast Baked Apples Assorted 100% Juice</p>	<p>21 Breakfast Steak with Biscuit Fresh Banana Assorted 100% Juice</p>	<p>15 Yogurt with Granola Peach Slices Assorted 100% Juice</p>	<p>16 Breakfast Pizza Orange Smiles Assorted 100% Juice</p>
<p>26 Spring Break <i>No School</i></p>	<p>27 Spring Break <i>No School</i></p>	<p>28 Spring Break <i>No School</i></p>	<p>22 Yogurt with Cinnamon Goldfish Graham Fresh Apple Assorted 100% Juice</p>	<p>23 Breakfast Pizza Orange Smiles Assorted 100% Juice</p>
<p>26 Spring Break <i>No School</i></p>	<p>27 Spring Break <i>No School</i></p>	<p>28 Spring Break <i>No School</i></p>	<p>29 Spring Break <i>No School</i></p>	<p>30 Spring Break <i>No School</i></p>

Breakfast Prices: Elementary Full Pay \$1.00 • Middle/High Full Pay \$1.15 • Approved Reduced \$0.30 • Adults/Visitors \$1.80

A la Carte 1/2 Pint Milk: \$0.50 each, any flavor


Choice of fresh fruit or 100% juice, crisp side salad, and a variety of milk are offered each day at breakfast and lunch!

Help yourself to delicious fruits and vegetables! In order to count as a reimbursable meal, each student must have 1/2 cup fruit or vegetable on their tray.

★ Pre-K options are available on the Pre-K Breakfast Menu. ★

Nutrition Information available on page 2 • This institution is an equal opportunity provider.

March 2018 Elementary & Middle School Breakfast Menu Nutrition Information

Monday	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Tuesday	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Wednesday	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Thursday	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Friday	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	
Celebrate National School Breakfast Week with us! March 5th-9th 			Disclaimer: The nutrition information provided is an estimate of the nutrition content within the menu items, and therefore should be used for general information only. Due to product substitutions and changes, nutrition content may vary. Please contact the cafeteria manager if you need additional information.		1 Yogurt with Granola 60 0 0 11 50 Peach Slices 120 3.5 0 20 75 Assorted 100% Juice 60 0 0 10 0 Assorted 100% Juice 60 0 0 14 0		2 Breakfast Pizza 210 7 2 27 350 Orange Smiles 62 0 0 15 0 Assorted 100% Juice 60 0 0 14 0			
5 Sausage with Biscuit 230 22 7 1 170 Breakfast Break 250 12 6 31 490 Fruit Cocktail 270 6 1.5 55 350 Assorted 100% Juice 60 0 0 14 0 Hashbrown 60 0 0 14 0 Hashbrown 130 7 0.5 15 240		6 NEW! Ham, Egg, & Cheese Biscuit Melt 355 19 9 32 795 Baked Apples 80 0 0 20 27 Assorted 100% Juice 60 0 0 14 0		7 Breakfast Chicken with Biscuit 96 4 1 7 207 Fresh Banana 250 12 6 31 490 Assorted 100% Juice 108 0 0 28 0 Assorted 100% Juice 60 0 0 14 0		8 NEW! Patriot Yogurt Parfait 268 5 1 48 160 Spiced Peaches 103 0 0 25 20 Assorted 100% Juice 60 0 0 14 0		9 Breakfast Pizza 210 7 2 27 350 Orange Smiles 62 0 0 15 0 Assorted 100% Juice 60 0 0 14 0		
12 Sausage with Biscuit 230 22 7 1 170 Breakfast Break 250 12 6 31 490 Applesauce 270 6 1.5 55 350 Assorted 100% Juice 50 0 0 13 10 Hashbrown 60 0 0 14 0 Hashbrown 130 7 0.5 15 240		13 Canadian Bacon, Egg, & Cheese Biscuit 334 17 8 32 747 Pineapple Tidbits 80 0 0 20 0 Assorted 100% Juice 60 0 0 14 0		14 French Toast 200 8 1.5 25 290 Fresh Banana 108 0 0 28 0 Assorted 100% Juice 60 0 0 14 0		15 Yogurt with Granola 60 0 0 11 50 Peach Slices 120 3.5 0 20 75 Assorted 100% Juice 60 0 0 10 0 Assorted 100% Juice 60 0 0 14 0		16 Breakfast Pizza 210 7 2 27 350 Orange Smiles 62 0 0 15 0 Assorted 100% Juice 60 0 0 14 0		
19 Sausage with Biscuit 230 22 7 1 170 Breakfast Break 250 12 6 31 490 Fruit Cocktail 270 6 1.5 55 350 Assorted 100% Juice 60 0 0 14 0 Hashbrown 60 0 0 14 0 Hashbrown 130 7 0.5 15 240		20 French Toast 200 8 1.5 25 290 Baked Apples 80 0 0 20 27 Assorted 100% Juice 60 0 0 14 0		21 Breakfast Steak with Biscuit 220 17 5 9 360 Fresh Banana 250 12 6 31 490 Assorted 100% Juice 108 0 0 28 0 Assorted 100% Juice 60 0 0 14 0		22 Yogurt with Cinnamon 60 0 0 11 50 Goldfish Graham 120 4 1 19 110 Fresh Apple 55 0 0 14 0 Assorted 100% Juice 60 0 0 14 0		23 Breakfast Pizza 210 7 2 27 350 Orange Smiles 62 0 0 15 0 Assorted 100% Juice 60 0 0 14 0		
26 Spring Break <i>No School</i>		27 Spring Break <i>No School</i>		28 Spring Break <i>No School</i>		29 Spring Break <i>No School</i>		30 Spring Break <i>No School</i>		

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