


May 2018 Pre-K & Elementary Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>May is National Strawberry Month- Let's Celebrate! Look out for the Strawberry on the Menu!</p>	<p>1</p> <p>Election Day No School</p>	<p>2</p> <p>Chicken Tetrazzini with Garlic Texas Toast Cheese Pizza Pepperoni Pizza Italian Blend Vegetables Carrot Nibbles with Ranch Dip Manager's Choice Vegetable Orange Smiles Manager's Choice Fruit</p>	<p>3</p> <p>Hamburger with Bun Hot Ham & Cheese Sub Roasted Bell Pepper Medley Carrot & Celery Nibbles with Ranch Dip Potato Smiles Fresh Pears 🍓 Banana Split Fruit Salad * Make a Halftime Hamburger! Top your burger with Swiss or American Cheese and Roasted Bell Pepper Medley!*</p>	<p>4</p> <p>Nacho Grande Baja Chicken Cantina Nachos Salsa Roasted Antigua Blend Vegetables Cheesy Refried Beans with Ranch Dip Mexican Rice Fresh Apple Chilled Peach Slices Cinnamon Roll</p>
<p>7</p> <p>Penne Pasta with Meat Sauce and Garlic Texas Toast Homestyle Chicken Nuggets with Biscuit Italian Blend Vegetables Sweet Green Peas Tomato Wedges w/ Ranch Dip Fresh Apple Sweet Pineapple Tidbits</p>	<p>8</p> <p>Oven Roasted Chicken Fajita with Flour Tortilla Beef Taco with Flour Tortilla Fresh Pico de Gallo California Blend Vegetables Seasoned Black Beans Mandarin Oranges Fresh Pears</p>	<p>9</p> <p>Tasty BBQ Pork Rib Patty with Sub Bun Cheese Pizza Slice Pepperoni Pizza Slice Zesty Steamed Broccoli Carrot Nibbles with Ranch Dip Manager's Choice Vegetable Fruit Cocktail 🍓 Fresh Strawberries</p>	<p>10</p> <p>Southwest Chicken Salad with Bun Turkey & Swiss Sub Broccoli, Carrot, & Tomato Nibbles w/ Ranch Zesty Coleslaw Fiesta Salad Honey-Lime Fruit Salad Apple Slices w/ Fruit Dip Cookie</p>	<p>11</p> <p>Hamburger with Bun Manager's Choice Entrée Antigua Blend Vegetables Marinated Cucumber- Tomato Salad Waffle Fries Manager's Choice Fruit Chilled Peach Slices</p>
<p>14</p> <p>Fiesta Macaroni with Garlic Texas Toast Homestyle Chicken Nuggets with Biscuit Glazed Carrots Seasoned Green Beans Potato Smiles Fresh Apple Chilled Pear Slices</p>	<p>15</p> <p>Mexican Casserole Oven Roasted Chicken Fajita with Flour Tortilla Salsa Mexican Style Street Corn Antigua Blend Vegetables Cheesy Refried Beans Mandarin Oranges Fresh Banana</p>	<p>16</p> <p>Pulled Pork BBQ with Bun Cheese Pizza Slice Pepperoni Pizza Slice Rockin' Broccoli Marinated Cucumber- Tomato Salad Zesty Coleslaw Manager's Choice Vegetable Manager's Choice Fruit Chilled Peach Slices</p>	<p>17</p> <p>Asian Style Fish Nuggets with Rice Country Fried Steak with Texas Toast Asian Blend Vegetables Whole Kernel Corn Manager's Choice Vegetable Sweet Pineapple Tidbits 🍓 Kiwi & Strawberry</p>	<p>18</p> <p>Mozzarella-Stuffed Italian Breadsticks with Marinara Manager's Choice Entrée California Blend Vegetables Carrot Nibbles with Ranch Dip Manager's Choice Vegetable Manager's Choice Fruits</p>
<p>21</p> <p>Homestyle Chicken Nuggets with Biscuit Manager's Choice Entrée Roasted Broccoli Glazed Carrots Manager's Choice Vegetable Rips 100% Juice Slush</p>	<p>22</p> <p>Students' Last Half Day Breakfast & Lunch will not be served</p>	 <p>Have a Great Summer Break!!</p>		



Clarksville Parks & Recreation Summer Youth Program

Date & Time: Monday-Friday • June 4-July 13 • 9AM-3PM

Did you know? Lunch is provided during the 2018 Summer Youth Program through the USDA Summer Lunch Program!

Locations: Burt-Cobb Recreation Center, Kleeman Recreation Center, Crow Recreation Center, Caldwell Lane, Summit Heights, Burt Elementary, Moore Magnet Elementary, Northeast Elementary, West Creek Elementary, Barksdale elementary, Glenellen Elementary, Liberty Elementary, Montgomery Central Elementary, Ringgold Elementary, Rossvie Elementary

For more info, visit <https://recpro.cityofclarksville.com/CourseActivities.aspx?id=43&cat=17>


Lunch Prices: Elementary Full Pay \$2.65 • Middle/High Full Pay \$2.85 • Approved Reduced \$0.40 • Adults/Visitors \$3.50

A la Carte 1/2 Pint Milk: \$0.50 each, any flavor

Choice of fresh fruit, 100% juice, crisp side salad, and a variety of milk are offered daily! • Help yourself to delicious fruits and vegetables! In order to count as a reimbursable meal, each student must have 1/2 cup fruit or vegetable on their tray.

PB&J Sandwich offered as an entree option at lunch daily. • Nutrition information is available on page 2 • This institution is an equal opportunity provider.

May 2018 Pre-K & Elementary Lunch Menu Nutrition Information

Monday		Tuesday		Wednesday		Thursday		Friday																			
Calories	Total Fat (g)	Calories	Total Fat (g)	Calories	Total Fat (g)	Calories	Total Fat (g)	Calories	Total Fat (g)																		
Sat. Fat (g)	Carbs (g)	Sat. Fat (g)	Carbs (g)	Sat. Fat (g)	Carbs (g)	Sat. Fat (g)	Carbs (g)	Sat. Fat (g)	Carbs (g)																		
Sodium (mg)	Sodium (mg)	Sodium (mg)	Sodium (mg)	Sodium (mg)	Sodium (mg)	Sodium (mg)	Sodium (mg)	Sodium (mg)	Sodium (mg)																		
May is National Strawberry Month- Let's Celebrate! Look out for the Strawberry on the Menu!		Election Day No School																									
Disclaimer: The nutrition information provided is an estimate of the nutrition content within the menu items, and therefore should be used for general information only. Due to product substitutions and changes, nutrition content may vary. Please contact the cafeteria manager if you need additional information.																											
7	Penne Pasta with Meat Sauce and Garlic Texas Toast Homestyle Chicken Nuggets with Biscuit Italian Blend Vegetables Sweet Green Peas Tomato Wedges w/ Ranch Dip Fresh Apple Sweet Pineapple Tidbits	214 191 110 170 250 41 87 77 55 80	3 6 1.5 8 12 0 0 5 0 0	40 25 20 9 31 7 15 123 14 20	8	Oven Roasted Chicken Fajita with Flour Tortilla Beef Taco with Flour Tortilla Fresh Pico de Gallo California Blend Vegetables Seasoned Black Beans Mandarin Oranges Fresh Pears	137 90 146 90 14 28 134 52 96	7 2.5 6 2.5 0 0 1 0 0	1 1.5 2 1.5 0 6 0 13 0	9	Tasty BBQ Pork Rib Patty with Sub Bun Cheese Pizza Slice Pepperoni Pizza Slice Zesty Steamed Broccoli Carrot Nibbles with Ranch Dip Manager's Choice Vegetable Fruit Cocktail Fresh Strawberries	170 130 248 274 35 85 60 28	10 2 6 13 0 5 0 0	3.5 0 23 6 7 1 14 7	6 25 376 463 20 8 10 0	10	Southwest Chicken Salad with Bun Turkey & Swiss Sub Broccoli, Carrot, & Tomato Nibbles w/ Ranch Zesty Coleslaw Fiesta Salad Honey-Lime Fruit Salad Apple Slices w/ Fruit Dip Cookie	282 130 306 77 87 47 77 30 33 160	19 2 13 5 5 0 0 0 6	3.2 0 6.3 1 11 9 7 6 26 120	8 25 583 138 149 30 19 20 20	11	Hamburger with Bun Manager's Choice Entrée Antigua Blend Vegetables Marinated Cucumber- Tomato Salad Waffle Fries Manager's Choice Fruit Chilled Peach Slices	170 130 30 30 21 140 60	14 2 0 0 0 0 0 0	6 25 5 5 5 22 14	0 0 5 317 80
14	Fiesta Macaroni with Garlic Texas Toast Homestyle Chicken Nuggets with Biscuit Glazed Carrots Seasoned Green Beans Potato Smiles Fresh Apple Chilled Pear Slices	262 110 170 250 62 20 130 55 60	9.7 1.5 8 12 0.6 0 4.5 0 0	24 20 9 31 15 3 230 180 14 5	15	Mexican Casserole Oven Roasted Chicken Fajita with Flour Tortilla Salsa Mexican Style Street Corn Antigua Blend Vegetables Cheesy Refried Beans Mandarin Oranges Fresh Banana	416 137 90 37 142 30 182 52 108	20 7 2.5 0 4 0 6 3 0	9.2 1 1.5 0 1 5 3 22 0	41 583 75 181 63 72 531 13 0	16	Pulled Pork BBQ with Bun Cheese Pizza Slice Pepperoni Pizza Slice Rockin' Broccoli Marinated Cucumber- Tomato Salad Zesty Coleslaw Manager's Choice Vegetable Manager's Choice Fruit Chilled Peach Slices	130 130 248 274 24 21 87 60	6 2 10 13 2 0 5 1 0	2 0 6 6 0.2 0 11 14	261 125 376 463 49 317 149 10	17	Asian Style Fish Nuggets with Rice Country Fried Steak with Texas Toast Asian Blend Vegetables Whole Kernel Corn Manager's Choice Vegetable Sweet Pineapple Tidbits Kiwi & Strawberry	260 120 300 110 32 106 80 56	8 0 19 1.5 0 1 0 0	30 26 450 170 5 20 20 20 14	356 100 450 25 25 44 20 3	18	Mozzarella-Stuffed Italian Breadsticks with Marinara Manager's Choice Entrée California Blend Vegetables Carrot Nibbles with Ranch Dip Manager's Choice Vegetable Manager's Choice Fruits	330 28 85 28 85	12 0 0 5 1	6 36 6 43 8 160
21	Homestyle Chicken Nuggets with Biscuit Manager's Choice Entrée Roasted Broccoli Glazed Carrots Manager's Choice Vegetable Rips 100% Juice Slush	170 250 38 62 60	8 12 0 0.6 0	2 9 8 15 15	22	Students' Last Half Day Breakfast and Lunch will not be served	 <h2 style="margin: 0;">Have a Great Summer Break!!</h2>																				



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