


# May 2018 Elementary & Middle School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> <b>Election Day</b> <i>No School</i>	<b>2</b> Breakfast Chicken with Biscuit Fresh Banana Assorted 100% Juice	<b>3</b> Patriot Yogurt Parfait Peach Slices Assorted 100% Juice	<b>4</b> Breakfast Pizza Orange Smiles Assorted 100% Juice
<b>7</b> Sausage with Biscuit Breakfast Break Applesauce Assorted 100% Juice Hashbrown	<b>8</b> Canadian Bacon, Egg, & Cheese Biscuit Pineapple Tidbits Assorted 100% Juice	<b>9</b> French Toast Fresh Banana Assorted 100% Juice	<b>10</b> Yogurt with Cinnamon Goldfish Graham Peach Slices Assorted 100% Juice	<b>11</b> Breakfast Pizza Orange Smiles Assorted 100% Juice
<b>14</b> Sausage with Biscuit Breakfast Break Fruit Cocktail Assorted 100% Juice Hashbrown	<b>15</b> French Toast Baked Apples Assorted 100% Juice	<b>16</b> Breakfast Steak with Biscuit Fresh Banana Assorted 100% Juice	<b>17</b> Yogurt with Granola Fresh Apple Assorted 100% Juice	<b>18</b> Breakfast Pizza Orange Smiles Assorted 100% Juice
<b>21</b> Manager's Choice Breakfast Entrée Breakfast Break Applesauce Assorted 100% Juice	<b>22</b> <b>Students' Last Half Day</b> Breakfast & Lunch will not be served	 <h2>Have a Great Summer Break!!</h2>		



### Clarksville Parks & Recreation Summer Youth Program

**Date & Time:** Monday-Friday • June 4-July 13 • 9AM-3PM

**Did you know?** Lunch is provided during the 2018 Summer Youth Program through the USDA Summer Lunch Program!

**Locations:** Burt-Cobb Recreation Center, Kleeman Recreation Center, Crow Recreation Center, Caldwell Lane, Summit Heights, Burt Elementary, Moore Magnet Elementary, Northeast Elementary, West Creek Elementary, Barksdale elementary, Glenellen Elementary, Liberty Elementary, Montgomery Central Elementary, Ringgold Elementary, Rossview Elementary

For more info, visit <https://recpro.cityofclarksville.com/CourseActivities.aspx?id=43&cat=17>

**Breakfast Prices: Elementary Full Pay \$1.00 • Middle/High Full Pay \$1.15 • Approved Reduced \$0.30 • Adults/Visitors \$1.80**

**A la Carte 1/2 Pint Milk: \$0.50 each, any flavor**


**Choice of fresh fruit or 100% juice, crisp side salad, and a variety of milk are offered each day at breakfast and lunch!**

**Help yourself to delicious fruits and vegetables! In order to count as a reimbursable meal, each student must have 1/2 cup fruit or vegetable on their tray.**

**★ Pre-K options are available on the Pre-K Breakfast Menu. ★**

**Nutrition Information available on page 2 • This institution is an equal opportunity provider.**

# May 2018 Elementary & Middle School Breakfast Menu Nutrition Information

Monday	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Tuesday	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Wednesday	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Thursday	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Friday	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)
<p><b>Disclaimer:</b> The nutrition information provided is an estimate of the nutrition content within the menu items, and therefore should be used for general information only. Due to product substitutions and changes, nutrition content may vary. Please contact the cafeteria manager if you need additional information.</p>		<p><b>1</b></p> <p style="text-align: center;"><b>Election Day</b> <b>No School</b></p>		<p><b>2</b></p> <p>Breakfast Chicken with Biscuit 96 4 1 7 207 Fresh Banana 250 12 6 31 490 Assorted 100% Juice 108 0 0 28 0</p>	<p><b>3</b></p> <p>Patriot Yogurt Parfait 268 5 1 48 160 Peach Slices 60 0 0 10 0 Assorted 100% Juice 60 0 0 14 0</p>	<p><b>4</b></p> <p>Breakfast Pizza 210 7 2 27 350 Orange Smiles 62 0 0 15 0 Assorted 100% Juice 60 0 0 14 0</p>			
<p><b>7</b></p> <p>Sausage with Biscuit 230 22 7 1 170 Breakfast Break 250 12 6 31 490 Applesauce 270 6 1.5 55 350 Assorted 100% Juice 50 0 0 13 10 Hashbrown 60 0 0 14 0 Hashbrown 130 7 0.5 15 240</p>	<p><b>8</b></p> <p>Canadian Bacon, Egg, &amp; Cheese Biscuit 334 17 8 32 747 Pineapple Tidbits 80 0 0 20 0 Assorted 100% Juice 60 0 0 14 0</p>	<p><b>9</b></p> <p>French Toast 200 8 1.5 25 290 Fresh Banana 108 0 0 28 0 Assorted 100% Juice 60 0 0 14 0</p>	<p><b>10</b></p> <p>Yogurt with Cinnamon 60 0 0 11 50 Goldfish Graham 120 4 1 19 110 Peach Slices 60 0 0 10 0 Assorted 100% Juice 60 0 0 14 0</p>	<p><b>11</b></p> <p>Breakfast Pizza 210 7 2 27 350 Orange Smiles 62 0 0 15 0 Assorted 100% Juice 60 0 0 14 0</p>					
<p><b>14</b></p> <p>Sausage with Biscuit 230 22 7 1 170 Breakfast Break 250 12 6 31 490 Fruit Cocktail 270 6 1.5 55 350 Assorted 100% Juice 60 0 0 14 0 Hashbrown 60 0 0 14 0 Hashbrown 130 7 0.5 15 240</p>	<p><b>15</b></p> <p>French Toast 200 8 1.5 25 290 Baked Apples 80 0 0 20 27 Assorted 100% Juice 60 0 0 14 0</p>	<p><b>16</b></p> <p>Breakfast Steak with Biscuit 220 17 5 9 360 Fresh Banana 250 12 6 31 490 Assorted 100% Juice 108 0 0 28 0</p>	<p><b>17</b></p> <p>Yogurt with Granola 60 0 0 11 50 Fresh Apple 120 3.5 0 20 75 Assorted 100% Juice 55 0 0 14 0</p>	<p><b>18</b></p> <p>Breakfast Pizza 210 7 2 27 350 Orange Smiles 62 0 0 15 0 Assorted 100% Juice 60 0 0 14 0</p>					
<p><b>21</b></p> <p>Manager's Choice Breakfast Entrée Breakfast Break 270 6 1.5 55 350 Applesauce 50 0 0 13 10 Assorted 100% Juice 60 0 0 14 0</p>	<p><b>22</b></p> <p style="text-align: center;"><b>Students' Last Half Day</b> Breakfast &amp; Lunch will not be served</p>	 <p><b>Have a Great Summer Break!!</b></p>							



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