


May 2018 Grab & Go Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 <i>Election Day</i> <i>No School</i>	2 Breakfast Chicken with Biscuit Fresh Banana Assorted 100% Juice	3 Yogurt with Cinnamon Goldfish Graham Fresh Apple Assorted 100% Juice	4 Breakfast Pizza Fresh Pear Assorted 100% Juice
7 Sausage with Biscuit Fresh Apple Assorted 100% Juice	8 Sausage, Egg, & Cheese Biscuit Slider Fresh Pear Assorted 100% Juice	9 French Toast Fresh Banana Assorted 100% Juice	10 Yogurt with Cinnamon Goldfish Graham Fresh Apple Assorted 100% Juice	11 Breakfast Pizza Fresh Pear Assorted 100% Juice
14 Cheesy Breadstick Fresh Apple Assorted 100% Juice	15 French Toast Fresh Pear Assorted 100% Juice	16 Breakfast Steak with Biscuit Fresh Banana Assorted 100% Juice	17 Yogurt with Cinnamon Goldfish Graham Fresh Apple Assorted 100% Juice	18 Breakfast Pizza Fresh Pear Assorted 100% Juice
21 Manager's Choice Breakfast Entrée Fresh Apple Assorted 100% Juice	22 <i>Students' Last Half Day</i> Breakfast & Lunch will not be served	 <h2>Have a Great Summer Break!!</h2>		



Clarksville Parks & Recreation Summer Youth Program
Date & Time: Monday-Friday • June 4-July 13 • 9AM-3PM
Did you know? Lunch is provided during the 2018 Summer Youth Program through the USDA Summer Lunch Program!
Locations: Burt-Cobb Recreation Center, Kleeman Recreation Center, Crow Recreation Center, Caldwell Lane, Summit Heights, Burt Elementary, Moore Magnet Elementary, Northeast Elementary, West Creek Elementary, Barksdale elementary, Glenellen Elementary, Liberty Elementary, Montgomery Central Elementary, Ringgold Elementary, Rossvie Elementary
 For more info, visit <https://recpro.cityofclarksville.com/CourseActivities.aspx?id=43&cat=17>

Breakfast Prices: Elementary Full Pay \$1.00 • Middle/High Full Pay \$1.15 • Approved Reduced \$0.30 • Universal Breakfast- Free • Adults/Visitors \$1.80

A la Carte 1/2 Pint Milk: \$0.50 each, any flavor


A variety of milk is offered daily at breakfast and lunch!

Help yourself to delicious fruits and vegetables! In order to count as a reimbursable meal, each student must have 1/2 cup fruit or vegetable on their tray.

Grab & Go Breakfast is currently available at Oakland Elementary, Kenwood Middle, Montgomery Central Middle, and New Providence Middle.

Nutrition information is available on page 2 • This institution is an equal opportunity provider.

May 2018 Grab & Go Breakfast Menu Nutrition Information

Monday	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Tuesday	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Wednesday	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Thursday	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Friday	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)
Disclaimer: The nutrition information provided is an estimate of the nutrition content within the menu items, and therefore should be used for general information only. Due to product substitutions and changes, nutrition content may vary. Please contact the cafeteria manager if you need additional information.		1 Election Day No School		2 Breakfast Chicken 96 4 1 7 207 with Biscuit 250 12 6 31 490 Fresh Banana 108 0 0 28 0 Assorted 100% Juice 60 0 0 14 0		3 Yogurt 60 0 0 11 50 with Cinnamon Goldfish Graham 120 4 1 19 110 Fresh Apple 55 0 0 14 0 Assorted 100% Juice 60 0 0 14 0		4 Breakfast Pizza 210 7 2 27 350 Fresh Pear 96 0 0 23 0 Assorted 100% Juice 60 0 0 14 0	
7 Sausage 230 22 7 1 170 with Biscuit 250 12 6 31 490 Fresh Apple 55 0 0 14 0 Assorted 100% Juice 60 0 0 14 0		8 Sausage, Egg, & Cheese Biscuit Slider 150 4.5 1.5 21 280 Fresh Pear 96 0 0 23 0 Assorted 100% Juice 60 0 0 14 0		9 French Toast 200 8 1.5 25 290 Fresh Banana 108 0 0 28 0 Assorted 100% Juice 60 0 0 14 0		10 Yogurt 60 0 0 11 50 with Cinnamon Goldfish Graham 120 4 1 19 110 Fresh Apple 55 0 0 14 0 Assorted 100% Juice 60 0 0 14 0		11 Breakfast Pizza 210 7 2 27 350 Fresh Pear 96 0 0 23 0 Assorted 100% Juice 60 0 0 14 0	
14 Cheesy Breadstick 190 6 2 25 220 Fresh Apple 55 0 0 14 0 Assorted 100% Juice 60 0 0 14 0		15 French Toast 200 8 1.5 25 290 Fresh Pear 96 0 0 23 0 Assorted 100% Juice 60 0 0 14 0		16 Breakfast Steak 220 17 5 9 360 with Biscuit 250 12 6 31 490 Fresh Banana 108 0 0 28 0 Assorted 100% Juice 60 0 0 14 0		17 Yogurt 60 0 0 11 50 with Cinnamon Goldfish Graham 120 4 1 19 110 Fresh Apple 55 0 0 14 0 Assorted 100% Juice 60 0 0 14 0		18 Breakfast Pizza 210 7 2 27 350 Fresh Pear 96 0 0 23 0 Assorted 100% Juice 60 0 0 14 0	
21 Manager's Choice Breakfast Entrée Fresh Apple 55 0 0 14 0 Assorted 100% Juice 60 0 0 14 0		22 Students' Last Half Day Breakfast & Lunch will not be served		 <h2>Have a Great Summer Break!!</h2>					



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