


May 2018 High School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Election Day <i>No School</i>	2 Breakfast Chicken with Biscuit Mini Pancakes Fresh Banana Assorted 100% Juice	3 Patriot Yogurt Parfait French Toast Peach Slices Assorted 100% Juice	4 Breakfast Pizza Breakfast Burrito Orange Smiles Assorted 100% Juice
7 Sausage, Breakfast Steak, OR Egg with Biscuit Breakfast Pizza French Toast Applesauce Assorted 100% Juice Hashbrown	8 Canadian Bacon, Egg & Cheese Biscuit Breakfast Break Pineapple Tidbits Assorted 100% Juice	9 Breakfast Chicken with Biscuit Mini Pancakes Fresh Banana Assorted 100% Juice	10 Yogurt with Cinnamon Goldfish Graham Super Donut Peach Slices Assorted 100% Juice	11 Breakfast Pizza Breakfast Burrito Orange Smiles Assorted 100% Juice
14 Sausage, Breakfast Chicken, OR Egg with Biscuit Breakfast Pizza French Toast Fruit Cocktail Assorted 100% Juice Hashbrown	15 French Toast Breakfast Break Baked Apples Assorted 100% Juice	16 Breakfast Steak with Biscuit Cinnamon Minis Fresh Banana Assorted 100% Juice	17 Yogurt with Granola Mini Pancakes Fresh Apple Assorted 100% Juice	18 Breakfast Pizza Breakfast Burrito Orange Smiles Assorted 100% Juice
21 Manager's Choice Breakfast Applesauce Assorted 100% Juice	22 Students' Last Half Day Breakfast & Lunch will not be served	 <h2>Have a Great Summer Break!!</h2>		



Clarksville Parks & Recreation Summer Youth Program

Date & Time: Monday-Friday • June 4-July 13 • 9AM-3PM

Did you know? Lunch is provided during the 2018 Summer Youth Program through the USDA Summer Lunch Program!

Locations: Burt-Cobb Recreation Center, Kleeman Recreation Center, Crow Recreation Center, Caldwell Lane, Summit Heights, Burt Elementary, Moore Magnet Elementary, Northeast Elementary, West Creek Elementary, Barksdale elementary, Glenellen Elementary, Liberty Elementary, Montgomery Central Elementary, Ringgold Elementary, Rossvie Elementary

For more info, visit <https://recpro.cityofclarksville.com/CourseActivities.aspx?id=43&cat=17>

Breakfast Prices: Elementary Full Pay \$1.00 • Middle/High Full Pay \$1.15 • Approved Reduced \$0.30 • Adults/Visitors \$1.80

A la Carte 1/2 Pint Milk: \$0.50 each, any flavor

Choice of fresh fruit or 100% juice, crisp side salad, and a variety of milk are offered each day at breakfast and lunch!

Help yourself to delicious fruits and vegetables! In order to count as a reimbursable meal, each student must have 1/2 cup fruit or vegetable on their tray.

This institution is an equal opportunity provider.

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Monday	Calories	Total Fat (g)	Sat. Fat (g)	Carbs (g)	Sodium (mg)	Tuesday	Calories	Total Fat (g)	Sat. Fat (g)	Carbs (g)	Sodium (mg)	Wednesday	Calories	Total Fat (g)	Sat. Fat (g)	Carbs (g)	Sodium (mg)	Thursday	Calories	Total Fat (g)	Sat. Fat (g)	Carbs (g)	Sodium (mg)	Friday	Calories	Total Fat (g)	Sat. Fat (g)	Carbs (g)	Sodium (mg)
<p>Disclaimer: The nutrition information provided is an estimate of the nutrition content within the menu items, and therefore should be used for general information only. Due to product substitutions and changes, nutrition content may vary. Please contact the cafeteria manager if you need additional information.</p>						<p>1</p> <p style="font-size: 1.5em;">Election Day</p> <p style="font-size: 1.2em;">No School</p>						<p>2</p> <p>Breakfast Chicken with Biscuit 96 4 1 7 207 250 12 6 31 490</p> <p>Mini Pancakes 220 6 0.5 39 130</p> <p>Fresh Banana 108 0 0 28 0</p> <p>Assorted 100% Juice 60 0 0 14 0</p>						<p>3</p> <p>Patriot Yogurt Parfait 268 5 1 48 160</p> <p>French Toast 200 8 1.5 25 290</p> <p>Peach Slices 60 0 0 10 0</p> <p>Assorted 100% Juice 60 0 0 14 0</p>						<p>4</p> <p>Breakfast Pizza 210 7 2 27 350</p> <p>Breakfast Burrito 455 30 11 31 447</p> <p>Orange Smiles 62 0 0 15 0</p> <p>Assorted 100% Juice 60 0 0 14 0</p>					
<p>7</p> <p>Sausage, 230 22 7 1 170</p> <p>Breakfast Steak, 220 17 5 9 360</p> <p>OR Egg 130 9 2.5 2 140</p> <p>with Biscuit 250 12 6 31 490</p> <p>Breakfast Pizza 210 7 2 27 350</p> <p>French Toast 200 8 1.5 25 290</p> <p>Applesauce 50 0 0 13 10</p> <p>Assorted 100% Juice 60 0 0 14 0</p> <p>Hashbrown 130 7 0.5 15 240</p>						<p>8</p> <p>Canadian Bacon, Egg & Cheese Biscuit 334 17 8 32 747</p> <p>Breakfast Break 270 6 1.5 55 350</p> <p>Pineapple Tidbits 80 0 0 20 0</p> <p>Assorted 100% Juice 60 0 0 14 0</p>						<p>9</p> <p>Breakfast Chicken with Biscuit 96 4 1 7 207 250 12 6 31 490</p> <p>Mini Pancakes 220 6 0.5 39 130</p> <p>Fresh Banana 108 0 0 28 0</p> <p>Assorted 100% Juice 60 0 0 14 0</p>						<p>10</p> <p>Yogurt with Cinnamon 60 0 0 11 50</p> <p>Goldfish Graham 120 4 1 19 110</p> <p>Super Donut 230 11 4 29 260</p> <p>Peach Slices 60 0 0 10 0</p> <p>Assorted 100% Juice 60 0 0 14 0</p>						<p>11</p> <p>Breakfast Pizza 210 7 2 27 350</p> <p>Breakfast Burrito 455 30 11 31 447</p> <p>Orange Smiles 62 0 0 15 0</p> <p>Assorted 100% Juice 60 0 0 14 0</p>					
<p>14</p> <p>Sausage, 230 22 7 1 170</p> <p>Breakfast Chicken, 96 4 1 7 207</p> <p>OR Egg 130 9 2.5 2 140</p> <p>with Biscuit 250 12 6 31 490</p> <p>Breakfast Pizza 210 7 2 27 350</p> <p>French Toast 200 8 1.5 25 290</p> <p>Fruit Cocktail 60 0 0 14 10</p> <p>Assorted 100% Juice 60 0 0 14 0</p> <p>Hashbrown 130 7 0.5 15 240</p>						<p>15</p> <p>French Toast 200 8 1.5 25 290</p> <p>Breakfast Break 270 6 1.5 55 350</p> <p>Baked Apples 80 0 0 20 27</p> <p>Assorted 100% Juice 60 0 0 14 0</p>						<p>16</p> <p>Breakfast Steak with Biscuit 220 17 5 9 360 250 12 6 31 490</p> <p>Cinnamon Minis 240 8 2 40 300</p> <p>Fresh Banana 108 0 0 28 0</p> <p>Assorted 100% Juice 60 0 0 14 0</p>						<p>17</p> <p>Yogurt with Granola 60 0 0 11 50</p> <p>Mini Pancakes 220 6 0.5 39 130</p> <p>Fresh Apple 55 0 0 14 0</p> <p>Assorted 100% Juice 60 0 0 14 0</p>						<p>18</p> <p>Breakfast Pizza 210 7 2 27 350</p> <p>Breakfast Burrito 455 30 11 31 447</p> <p>Orange Smiles 62 0 0 15 0</p> <p>Assorted 100% Juice 60 0 0 14 0</p>					
<p>21</p> <p>Manager's Choice Breakfast</p> <p>Applesauce 50 0 0 13 10</p> <p>Assorted 100% Juice 60 0 0 14 0</p>						<p>22</p> <p style="text-align: center; font-size: 1.2em;">Students' Last Half Day</p> <p style="text-align: center;">Breakfast & Lunch will not be served</p>						<div style="display: flex; align-items: center; justify-content: center;"> <h2 style="margin: 0;">Have a Great Summer Break!!</h2> </div>																	



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