


May 2018 Pre-K Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Election Day <i>No School</i>	2 Breakfast Chicken with Biscuit Fresh Banana Choice of Skim or 1% Milk (Unflavored)	3 Patriot Yogurt Parfait Peach Slices Choice of Skim or 1% Milk (Unflavored)	4 Breakfast Pizza Orange Smiles Choice of Skim or 1% Milk (Unflavored)
7 Sausage with Biscuit Applesauce Choice of Skim or 1% Milk (Unflavored) Hasbrowns	8 Canadian Bacon, Egg, & Cheese Biscuit Pineapple Tidbits Choice of Skim or 1% Milk (Unflavored)	9 French Toast Fresh Banana Choice of Skim or 1% Milk (Unflavored)	10 Yogurt with Granola Peach Slices Choice of Skim or 1% Milk (Unflavored)	11 Breakfast Pizza Orange Smiles Choice of Skim or 1% Milk (Unflavored)
14 Sausage with Biscuit Fruit Cocktail Choice of Skim or 1% Milk (Unflavored) Hasbrowns	15 French Toast Baked Apples Choice of Skim or 1% Milk (Unflavored)	16 Breakfast Steak with Biscuit Fresh Banana Choice of Skim or 1% Milk (Unflavored)	17 Yogurt with Granola Fresh Apple Choice of Skim or 1% Milk (Unflavored)	18 Breakfast Pizza Orange Smiles Choice of Skim or 1% Milk (Unflavored)
21 Manager's Choice Breakfast Entrée Applesauce Choice of Skim or 1% Milk (Unflavored)	22 Students' Last Half Day <i>Breakfast & Lunch will not be served</i>	 <h2>Have a Great Summer Break!!</h2>		



Clarksville Parks & Recreation Summer Youth Program
Date & Time: Monday-Friday • June 4-July 13 • 9AM-3PM
Did you know? Lunch is provided during the 2018 Summer Youth Program through the USDA Summer Lunch Program!
Locations: Burt-Cobb Recreation Center, Kleeman Recreation Center, Crow Recreation Center, Caldwell Lane, Summit Heights, Burt Elementary, Moore Magnet Elementary, Northeast Elementary, West Creek Elementary, Barksdale elementary, Glenellen Elementary, Liberty Elementary, Montgomery Central Elementary, Ringgold Elementary, Rossvie Elementary
 For more info, visit <https://recpro.cityofclarksville.com/CourseActivities.aspx?id=43&cat=17>

Breakfast Prices: Elementary Full Pay \$1.00 • Middle/High Full Pay \$1.15 • Approved Reduced: \$0.30 • Adults/Visitors \$1.80
A la Carte 1/2 Pint Milk: \$0.50 each, any flavor

Nutrition information available on page 2 • This institution is an equal opportunity provider.

May 2018 Pre-K Breakfast Menu Nutrition Information

Monday	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Tuesday	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Wednesday	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Thursday	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Friday	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)
<p>Disclaimer: The nutrition information provided is an estimate of the nutrition content within the menu items, and therefore should be used for general information only. Due to product substitutions and changes, nutrition content may vary. Please contact the cafeteria manager if you need additional information.</p>									
		1		2		3		4	
		Election Day No School		Breakfast Chicken 96 4 1 7 207 with Biscuit 250 12 6 31 490 Fresh Banana 108 0 0 28 0 Choice of Skim or 1% Milk (Unflavored) <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120	Patriot Yogurt Parfait 268 5 1 48 160 Peach Slices 60 0 0 10 0 Choice of Skim or 1% Milk (Unflavored) <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120	Breakfast Pizza 210 7 2 27 350 Orange Smiles 62 0 0 15 0 Choice of Skim or 1% Milk (Unflavored) <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120			
7	Sausage 230 22 7 1 170 with Biscuit 250 12 6 31 490 Applesauce 50 0 0 13 10 Choice of Skim or 1% Milk (Unflavored) <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120 Hashbrown 130 7 0.5 15 240	8	Canadian Bacon, Egg & Cheese Biscuit 334 17 8 32 747 Pineapple Tidbits 80 0 0 20 0 Choice of Skim or 1% Milk (Unflavored) <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120	9	French Toast 200 8 1.5 25 290 Fresh Banana 108 0 0 28 0 Choice of Skim or 1% Milk (Unflavored) <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120	10	Yogurt 60 0 0 11 50 with Granola 120 3.5 0 20 75 Peach Slices 60 0 0 10 0 Choice of Skim or 1% Milk (Unflavored) <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120	11	Breakfast Pizza 210 7 2 27 350 Orange Smiles 62 0 0 15 0 Choice of Skim or 1% Milk (Unflavored) <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120
14	Sausage 230 22 7 1 170 with Biscuit 250 12 6 31 490 Fruit Cocktail 60 0 0 14 10 Choice of Skim or 1% Milk (Unflavored) <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120 Hashbrown 130 7 0.5 15 240	15	French Toast 200 8 1.5 25 290 Baked Apples 80 0 0 20 27 Choice of Skim or 1% Milk (Unflavored) <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120	16	Breakfast Steak 220 17 5 9 360 with Biscuit 250 12 6 31 490 Fresh Banana 108 0 0 28 0 Choice of Skim or 1% Milk (Unflavored) <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120	17	Yogurt 60 0 0 11 50 with Granola 120 3.5 0 20 75 Fresh Apple 55 0 0 14 0 Choice of Skim or 1% Milk (Unflavored) <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120	18	Breakfast Pizza 210 7 2 27 350 Orange Smiles 62 0 0 15 0 Choice of Skim or 1% Milk (Unflavored) <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120
21	Manager's Choice Breakfast Entrée Applesauce 50 0 0 13 10 Choice of Skim or 1% Milk (Unflavored) <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120	22	<p>Students' Last Half Day Breakfast & Lunch will not be served</p>						



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