


May 2018 Pre-K Universal Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Election Day <i>No School</i>	2 Cereal Fresh Banana Choice of Skim or 1% Milk (Unflavored)	3 Breakfast Pizza Fresh Pear Choice of Skim or 1% Milk (Unflavored)	4 Bacon, Egg & Cheese Toast Fresh Apple Choice of Skim or 1% Milk (Unflavored)
7 Mini Pancakes Fresh Apple Choice of Skim or 1% Milk (Unflavored)	8 Breakfast Pizza Fresh Pear Choice of Skim or 1% Milk (Unflavored)	9 Cereal Fresh Banana Choice of Skim or 1% Milk (Unflavored)	10 Yogurt Fresh Pear Choice of Skim or 1% Milk (Unflavored)	11 French Toast Fresh Apple Choice of Skim or 1% Milk (Unflavored)
14 Yogurt Fresh Apple Choice of Skim or 1% Milk (Unflavored)	15 Breakfast Pizza Fresh Pear Choice of Skim or 1% Milk (Unflavored)	16 Cereal Fresh Banana Choice of Skim or 1% Milk (Unflavored)	17 Bacon, Egg & Cheese Toast Fresh Pear Choice of Skim or 1% Milk (Unflavored)	18 French Toast Fresh Apple Choice of Skim or 1% Milk (Unflavored)
21 Manager's Choice Breakfast Entrée Fresh Apple Choice of Skim or 1% Milk (Unflavored)	22 Students' Last Half Day Breakfast & Lunch will not be served	 <h2>Have a Great Summer Break!!</h2>		



Clarksville Parks & Recreation Summer Youth Program

Date & Time: Monday-Friday • June 4-July 13 • 9AM-3PM

Did you know? Lunch is provided during the 2018 Summer Youth Program through the USDA Summer Lunch Program!





Locations: Burt-Cobb Recreation Center, Kleeman Recreation Center, Crow Recreation Center, Caldwell Lane, Summit Heights, Burt Elementary, Moore Magnet Elementary, Northeast Elementary, West Creek Elementary, Barksdale elementary, Glenellen Elementary, Liberty Elementary, Montgomery Central Elementary, Ringgold Elementary, Rossvie Elementary

For more info, visit <https://recpro.cityofclarksville.com/CourseActivities.aspx?id=43&cat=17>

**For the select schools that are participating in Universal Breakfast, it is provided for free.
 All other schools, please view the regular breakfast menu for choices and pricing.
 Thank you!**

Nutrition information is available on page 2 • This institution is an equal opportunity provider.

May 2018 Pre-K Universal Breakfast Menu Nutrition Information

Monday	Tuesday	Wednesday	Thursday	Friday															
Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)															
<p>Disclaimer: The nutrition information provided is an estimate of the nutrition content within the menu items, and therefore should be used for general information only. Due to product substitutions and changes, nutrition content may vary. Please contact the cafeteria manager if you need additional information.</p>	<p>1</p> <p style="text-align: center;">Election Day No School</p>	<p>2</p> <p>Cereal 110 1.5 0 23 110 Fresh Banana 108 0 0 28 0 Choice of Skim or 1% Milk (Unflavored): <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120</p>	<p>3</p> <p>Breakfast Pizza 240 8 2.5 31 340 Fresh Pear 96 0 0 23 0 Choice of Skim or 1% Milk (Unflavored): <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120</p>	<p>4</p> <p>Bacon, Egg & Cheese Toast 160 6 2 18 350 Fresh Apple 55 0 0 14 0 Choice of Skim or 1% Milk (Unflavored): <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120</p>	<p>7</p> <p>Mini Pancakes 220 6 0.5 39 130 Fresh Apple 55 0 0 14 0 Choice of Skim or 1% Milk (Unflavored): <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120</p>	<p>8</p> <p>Breakfast Pizza 240 8 2.5 31 340 Fresh Pear 96 0 0 23 0 Choice of Skim or 1% Milk (Unflavored): <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120</p>	<p>9</p> <p>Cereal 110 1.5 0 23 110 Fresh Banana 108 0 0 28 0 Choice of Skim or 1% Milk (Unflavored): <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120</p>	<p>10</p> <p>Yogurt 60 0 0 11 50 Fresh Pear 96 0 0 23 0 Choice of Skim or 1% Milk (Unflavored): <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120</p>	<p>11</p> <p>French Toast 200 8 1.5 25 290 Fresh Apple 55 0 0 14 0 Choice of Skim or 1% Milk (Unflavored): <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120</p>	<p>14</p> <p>Yogurt 60 0 0 11 50 Fresh Apple 55 0 0 14 0 Choice of Skim or 1% Milk (Unflavored): <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120</p>	<p>15</p> <p>Breakfast Pizza 240 8 2.5 31 340 Fresh Pear 96 0 0 23 0 Choice of Skim or 1% Milk (Unflavored): <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120</p>	<p>16</p> <p>Cereal 110 1.5 0 23 110 Fresh Banana 108 0 0 28 0 Choice of Skim or 1% Milk (Unflavored): <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120</p>	<p>17</p> <p>Bacon, Egg & Cheese Toast 160 6 2 18 350 Fresh Pear 96 0 0 23 0 Choice of Skim or 1% Milk (Unflavored): <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120</p>	<p>18</p> <p>French Toast 200 8 1.5 25 290 Fresh Apple 55 0 0 14 0 Choice of Skim or 1% Milk (Unflavored): <i>Skim Milk</i> 80 0 0 11 120 <i>1% Milk</i> 100 2.5 1.5 11 120</p>	<p>21</p> <p>Manager's Choice Breakfast Entrée Fresh Apple 55 0 0 14 0 Choice of Skim or 1% Milk (Unflavored): <i>Skim Milk</i> 120 <i>1% Milk</i> 120</p>	<p>22</p> <p style="text-align: center;">Students' Last Half Day Breakfast & Lunch will not be served</p>	 <h2>Have a Great Summer Break!!</h2>		
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