


May 2018 Middle & High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>May is National Strawberry Month- Let's Celebrate! Look out for the Strawberry on the Menu!</p>	<p>Election Day No School</p>	<p>2 Chicken Tetrizzini with Garlic Texas Toast Italian Blend Vegetables Carrot Nibbles with Ranch Dip Manager's Choice Vegetable Orange Smiles Manager's Choice Fruit</p>	<p>3 Hamburger with Bun Roasted Bell Pepper Medley Carrot & Celery Nibbles with Ranch Dip Potato Smiles Fresh Pears 🍌 Banana Split Fruit Salad * Make a Halftime Hamburger! Top your burger with Swiss or American Cheese and Roasted Bell Pepper Medley!*</p>	<p>4 Nacho Grande Salsa Roasted Antigua Blend Vegetables Cheesy Refried Beans Mexican Rice Fresh Apple Chilled Peach Slices Cinnamon Roll</p>
<p>7 Penne Pasta with Meat Sauce and Garlic Texas Toast Italian Blend Vegetables Sweet Green Peas Tomato Wedges w/ Ranch Dip Fresh Apple Sweet Pineapple Tidbits</p>	<p>8 Beef Taco with Flour Tortilla Fresh Pico de Gallo California Blend Vegetables Seasoned Black Beans Mandarin Oranges Fresh Pears</p>	<p>9 Tasty BBQ Pork Rib Patty with Sub Bun ★ Hot & Spicy Chicken with Bun Zesty Steamed Broccoli Carrot Nibbles with Ranch Dip Manager's Choice Vegetable Fruit Cocktail 🍓 Fresh Strawberries</p>	<p>10 ★ Southwest Chicken Salad with Bun Turkey & Swiss Sub ▲ Pizza Sub Broccoli, Carrot, & Tomato Nibbles w/ Ranch Zesty Coleslaw Fiesta Salad Honey-Lime Fruit Salad Apple Slices w/ Fruit Dip Cookie</p>	<p>11 Manager's Choice Entrée Antigua Blend Vegetables Marinated Cucumber- Tomato Salad Waffle Fries Manager's Choice Fruit Chilled Peach Slices</p>
<p>14 Fiesta Macaroni with Garlic Texas Toast Glazed Carrots Seasoned Green Beans Potato Smiles Fresh Apple Chilled Pear Slices</p>	<p>15 Mexican Casserole Salsa Mexican Style Street Corn Antigua Blend Vegetables Cheesy Refried Beans Mandarin Oranges Fresh Banana</p>	<p>16 Pulled Pork BBQ with Bun Rockin' Broccoli Marinated Cucumber- Tomato Salad Zesty Coleslaw Manager's Choice Vegetable Manager's Choice Fruit Chilled Peach Slices</p>	<p>17 Asian Style Fish Nuggets with Rice Asian Blend Vegetables Whole Kernel Corn Manager's Choice Vegetable Sweet Pineapple Tidbits 🍓 Kiwi & Strawberry</p>	<p>18 Manager's Choice Entrée California Blend Vegetables Carrot Nibbles with Ranch Dip Manager's Choice Vegetable Manager's Choice Fruits</p>
<p>21 Manager's Choice Entrée Roasted Broccoli Glazed Carrots Manager's Choice Vegetable Rips 100% Juice Slush</p>	<p>22 Students' Last Half Day Breakfast & Lunch will not be served</p>	 <p>Have a Great Summer Break!!</p>		<p><i>Check for these icons on the menu for Chicken on the Run and Pizza Specials!</i></p> <p>★ Chicken on the Run Special ▲ Pizza Special</p>



Clarksville Parks & Recreation Summer Youth Program

Date & Time: Monday-Friday • June 4-July 13 • 9AM-3PM

Did you know? Lunch is provided during the 2018 Summer Youth Program through the USDA Summer Lunch Program!

Locations: Burt-Cobb Recreation Center, Kleeman Recreation Center, Crow Recreation Center, Caldwell Lane, Summit Heights, Burt Elementary, Moore Magnet Elementary, Northeast Elementary, West Creek Elementary, Barksdale elementary, Glenellen Elementary, Liberty Elementary, Montgomery Central Elementary, Ringgold Elementary, Rossvie Elementary

For more info, visit <https://recpro.cityofclarksville.com/CourseActivities.aspx?id=43&cat=17>

Weekly Chicken on the Run and Pizza Menu

Clarksville Hot Chicken with Texas Toast Cheese Pizza Slice Pepperoni Pizza Slice	Homestyle Chicken Nuggets with Biscuit Cheese Pizza Slice Pepperoni Pizza Slice	Buffalo Chicken with Bun Cheese Pizza Slice Pepperoni Pizza Slice	Crispy Popcorn Chicken with Garlic Texas Toast Cheese Pizza Pepperoni Pizza	General Tso Chicken with Rice Deep Dish Cheese Pizza Deep Dish Pepperoni Pizza
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Lunch Prices: Elementary Full Pay \$2.65 • Middle/High Full Pay \$2.85 • Approved Reduced \$0.40 • Adults/Visitors \$3.50

A la Carte 1/2 Pint Milk: \$0.50 each, any flavor


Choice of fresh fruit, 100% juice, crisp side salad, and a variety of milk are offered daily!

Help yourself to delicious fruits and vegetables! In order to count as a reimbursable meal, each student must have 1/2 cup fruit or vegetable on their tray.

P&J Sandwich offered as an entree option at lunch daily.

Nutrition information is available on page 2 • This institution is an equal opportunity provider.

May 2018 Middle & High School Lunch Menu Nutrition Information

Monday	Tuesday	Wednesday	Thursday	Friday
Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)	Calories Total Fat (g) Sat. Fat (g) Carbs (g) Sodium (mg)
<p>May is National Strawberry Month- Let's Celebrate! Look out for the Strawberry on the Menu!</p> <p>Disclaimer: The nutrition information provided is an estimate of the nutrition content within the menu items, and therefore should be used for general information only. Due to product substitutions and changes, nutrition content may vary. Please contact the cafeteria manager if you need additional information.</p>	<p>Election Day No School</p>	<p>1 Chicken Tetrastini 262 13 6 22 478 with Garlic Texas Toast 110 1.5 0 20 170 Italian Blend Vegetables 41 0 0 7 51 Carrot Nibbles with Ranch Dip 85 5 1 8 160 Manager's Choice Vegetable Orange Smiles 62 0 0 15 0 Manager's Choice Fruit</p>	<p>3 Hamburger 170 14 6 0 85 with Bun 130 2 0 25 125 Roasted Bell Pepper Medley 55 2 0 7.5 59 Carrot & Celery Nibbles with Ranch Dip 79 5 1 6 167 Potato Smiles 130 4.5 0.5 20 180 Fresh Pears 96 0 0 23 0 Banana Split Fruit Salad 86 0 0 21 1 <i>* Make a Halftime Hamburger! Top your burger with Swiss or American Cheese and Roasted Bell Pepper Medley!*</i></p>	<p>4 Nacho Grande 413 19 4 42 549 Salsa 37 0 0 8 181 Roasted Antigua Blend Vegetables 32 0 0 5 25 Cheesy Refried Beans 182 6 3 22 531 Mexican Rice 101 0 0 19 303 Fresh Apple 55 0 0 14 0 Chilled Peach Slices 60 0 0 14 10 Cinnamon Roll 113 0.5 0 25 70</p>
<p>7 Penne Pasta 214 3 0 40 24 with Meat Sauce 191 6 2 15 539 and Garlic Texas Toast 110 1.5 0 20 170 Italian Blend Vegetables 41 0 0 7 51 Sweet Green Peas 87 0 0 15 152 Tomato Wedges w/ Ranch Dip 77 5 1 5 123 Fresh Apple 55 0 0 14 0 Sweet Pineapple Tidbits 80 0 0 20 0</p>	<p>8 Beef Taco 146 6 2 8 83 with Flour Tortilla 170 4.5 2.5 15 150 Fresh Pico de Gallo 14 0 0 3 21 California Blend Vegetables 28 0 0 6 43 Seasoned Black Beans 134 1 0 26 160 Mandarin Oranges 52 0 0 13 5 Fresh Pears 96 0 0 23 0</p>	<p>9 Tasty BBQ Pork Rib Patty 170 10 3.5 6 400 with Sub Bun 130 2 0 25 125 ★ Hot & Spicy Chicken 216 8 1 16 534 with Bun 130 2 0 25 125 Zesty Steamed Broccoli 35 0 0 7 20 Carrot Nibbles with Ranch Dip 85 5 1 8 160 Manager's Choice Vegetable Fruit Cocktail 60 0 0 14 10 Fresh Strawberries 28 0 0 7 0</p>	<p>10 ★ New! Southwest Chicken Salad 282 19 3.2 8 633 with Bun 130 2 0 25 125 Turkey & Swiss Sub 306 13 6.3 27 583 ▲ Pizza Sub 349 15 5.5 32 1228 Broccoli, Carrot, & Tomato Nibbles w/ Ranch 77 5 1 6 138 Zesty Coleslaw 87 5 1 11 149 Fiesta Salad 47 0 0 9 30 Honey-Lime Fruit Salad 77 0 0 19 3 Apple Slices 30 0 0 7 0 w/ Fruit Dip 33 0 0 6 20 Cookie 160 5 1.5 26 120</p>	<p>11 Manager's Choice Entrée 30 0 0 5 72 Antigua Blend Vegetables Marinated Cucumber-Tomato Salad 21 0 0 5 317 Waffle Fries 140 5 1 22 80 Manager's Choice Fruit Chilled Peach Slices 60 0 0 14 10</p>
<p>14 Fiesta Macaroni 262 9.7 4 24 194 with Garlic Texas Toast 110 1.5 0 20 170 Glazed Carrots 62 0.6 0 15 78 Seasoned Green Beans 20 0 0 3 230 Potato Smiles 130 4.5 0.5 20 180 Fresh Apple 55 0 0 14 0 Chilled Pear Slices 60 0 0 14 5</p>	<p>15 Mexican Casserole 416 20 9.2 41 763 Salsa 37 0 0 8 181 Mexican Style Street Corn 142 4 1 21 63 Antigua Blend Vegetables 30 0 0 5 72 Cheesy Refried Beans 182 6 3 22 531 Mandarin Oranges 52 0 0 13 5 Fresh Banana 108 0 0 28 0</p>	<p>16 Pulled Pork BBQ 130 6 2 2 261 with Bun 130 2 0 25 125 Rockin' Broccoli 24 2 0.2 2 49 Marinated Cucumber-Tomato Salad 21 0 0 5 317 Zesty Coleslaw 87 5 1 11 149 Manager's Choice Vegetable Manager's Choice Fruit Chilled Peach Slices 60 0 0 14 10</p>	<p>17 Asian Style Fish Nuggets 260 8 1.5 30 356 with Rice 120 0 0 26 100 Asian Blend Vegetables 32 0 0 5 25 Whole Kernel Corn 106 1 0 20 44 Manager's Choice Vegetable Sweet Pineapple Tidbits 80 0 0 20 0 Kiwi & Strawberry 56 0 0 14 3</p>	<p>18 Manager's Choice Entrée California Blend Vegetables 28 0 0 6 43 Carrot Nibbles with Ranch Dip 85 5 1 8 160 Manager's Choice Vegetable Manager's Choice Fruits</p>
<p>21 Manager's Choice Entrée 38 0 0 8 100 Roasted Broccoli 62 0.6 0 15 78 Glazed Carrots 62 0.6 0 15 78 Manager's Choice Vegetable Rips 100% Juice Slush 60 0 0 15 25</p>	<p>22 Students' Last Half Day Breakfast and Lunch will not be served</p>	 <p>Have a Great Summer Break!!</p>		<p><i>Check for these icons on the menu for Chicken on the Run and Pizza Specials!</i></p> <p>★ Chicken on the Run Special ▲ Pizza Special</p>



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Clarksville Hot Chicken 306 17 3 20 558 with Texas Toast 110 1.5 0 20 170	Homestyle Chicken Nuggets 170 8 2 9 396 with Biscuit 250 12 6 31 490	Buffalo Chicken 89 3 0 2 769 with Bun 130 2 0 25 125	Crispy Popcorn Chicken 207 11 2 13 400 with Garlic Texas Toast 110 1.5 0 20 170	General Tso Chicken 267 11 2 27 700 with Rice 120 0 0 26 100
Cheese Pizza Slice 310 13 7 29 470	Cheese Pizza Slice 310 13 7 29 470	Cheese Pizza Slice 310 13 7 29 470	Cheese Pizza 300 11 5 33 440	Deep Dish Cheese Pizza 330 12 7 33 600
Pepperoni Pizza Slice 343 16 8 29 579	Pepperoni Pizza Slice 343 16 8 29 579	Pepperoni Pizza Slice 343 16 8 29 579	Pepperoni Pizza 335 14 6 33 555	Deep Dish Pepperoni Pizza 310 10 3 35 470

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